



Part time - Strength & Conditioning Coach Job Advert

OUFC Boys EPPP Academy are looking to add to their existing team of part-time Strength & Conditioning Coach" working within our U9s-U16s programme.

Reporting directly into the Head of Academy Strength and Conditioning/Academy Manager, prospective candidates will be joining Oxford United at an exciting time in the club's history with recent appointments at Ownership level; 1st Team management and Academy Manager along with a new, purpose-built Training Ground. The club is also beginning the process of moving towards Category Two Status for its Academy and this new role will be key in helping the club take the next step in this process.

Oxford United Football Club is an equal opportunities employer. We are committed to equality of opportunity within our own organisation, and to encourage a similar commitment from every other organisation we deal with.

Please see the attached Job Description for further details regarding this role. Applications should be made by email to Head of Academy Strength and Conditioning, Nathan Griffith on ngriffith@oufc.co.uk before Monday, 3rd of June 2019 and should include:

- An up-to-date CV including details of all relevant qualifications and experience.
- Details of two references, one of whom must have had experience in an Elite Sporting environment.

BAME Declaration

The EFL and Premier League have introduced positive action measures aimed at tackling the underrepresentation of coaches, managers and staff from Black, Asian and Minority Ethnic (BAME) backgrounds within professional football. Here at Oxford United we are committed to exceeding these new requirements and, as a result, will shortlist at least one suitably qualified BAME candidate (where an application has been received) for all full-time roles within our Academy. All candidates will be required to provide proof of all relevant certificates and qualifications and this post will also be subject to an enhanced disclosure from the Disclosure and Barring Service.

Part time - Strength & Conditioning Coach

Job Description



Key Responsibilities

Responsible for the planning, delivery and evaluation of the U9s-U16s Academy Strength and Conditioning syllabus

Ensure all physical testing and anthropometric data for relevant age group is conducted, uploaded onto PMA and reported back to relevant age group coaches

Responsible for the delivery of Multi-Sport program to the FDP & YDP age groups

Liaising with part time physiotherapists and age group coaches ensuring that players returning from injury are following the return to train protocol

To follow club policies and procedures to ensure safeguarding of all players within the academy

Essential qualifications & experience

BSc Sport Science or related discipline

Minimum of 1-year experience in a professional sport preferably within football

Flexible approach to working hours

To follow club policies and procedures to ensure safeguarding of all players within the academy

Good communication and interpersonal skills

Desirable qualifications & experience

MSc Sport Science or related discipline

UKSCA or CSCS accreditation (or ability to pursue this within next 12 months)

Understanding of youth physical development model, EPPP and LTAD.

FA Level 2 coaching qualification in football

Good understanding of Excel and PMA